

www.thyself.agency

Thyself Agency è un'agenzia di viaggio.
Organizziamo spedizioni dell'ignoto, dove pratichiamo la
maieutica attraverso tre specifici esercizi.
Leggi il nostro Journal e scopri cosa è successo tra i
partecipanti.

www.thyself.agency/journal

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L'INFO POINT è un ufficio per la sperimentazione di
pratiche esistenziali – Thyself Agency propone metodi di
ricerca, esercizi intimi e personali per scardinare
automatismi comportamentali e facilitare la ricerca di altri
modi di vivere e relazionarsi al mondo.

PERDI LA PAURA DI ESSERE DIMENTICATO

Scambiarsi la vita è l'esercizio di due candidati che abbandonano il proprio e vivono ognuno nei panni dell'altro, dura una settimana.

Scatena la fantasia donando una rinnovata percezione di sé stessi.

Cambia la tua vita, non lasciarlo essere solo un pensiero.

Il primo scambio è avvenuto nel 2011, oggi l'Agenzia continua il suo operato e l'esercizio si ripete in forme diverse, adattate e scelte per i nuovi candidati.

Se vuoi scambiare la tua vita scrivi ad agente@thysself.agency per maggiori informazioni e noi lo faremo succedere.

Contattaci oggi e iniziamo a viaggiare!

La settimana dei 9 giorni è una rilettura del calendario e del ciclo sonno/veglia, ti permette di vivere nove giorni all'interno di una settimana.

Se lavori dal lunedì al sabato e aspetti la domenica come unico momento per coltivare i tuoi migliori talenti, questo fa al caso tuo!

Sconvolge la routine quotidiana toccando le coordinate psichiche della vita immaginativa, evolve la costituzione della tua mente e ti dà un motivo per essere licenziato.

Se vuoi sperimentare questo modo di vivere, il nostro calendario e la formula per calcolarlo sono a tuo libero utilizzo.

www.thysself.agency/nine-days-week

Gli Occhiali sono un dispositivo creato per vedersi da fuori in tempo reale.

Permettono di osservare i riflessi della verità, tra le crepe del cuore, donando gioia infinita.

Modificando e assemblando dei semplici dispositivi comprati in un negozio di modellismo abbiamo creato degli occhiali per guardarci in terza persona.

Li usiamo nella vita quotidiana: mangiamo vedendoci mangiare, ci giriamo vedendoci girare, amiamo vedendoci amare.

Vuoi sperimentare la tua terza persona?

Scrivi ad agente@thysself.agency per maggiori informazioni e noi lo faremo succedere.















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Today's world is busy. Modern life is economy and use of technology for profit. The entire production process is aimed at creating something we don't believe in. We feel exploited and stressed, with no control over our time, our bodies, our lives. The modern world's comfort has crushed the texture of life and rarefied the creative effort of the personality. We are dissatisfied with all of this, what we live in does not belong to us. Maybe the solution is hidden in frustration? The disease is the cure. If it is not more, then let it be no more. We would like to change our lives. We started exchanging it among ourselves, with radical honesty, to see what would happen by desecrating it at the base, to learn from reality. Nothing is true, everything is permitted. Thyself Agency is a travel agency. We organize expeditions into the unknown, where we practice maieutics through specific exercises. One of these exercises was called Life Exchange. The first exchange took place in 2011 and was successful. During that time the two candidates exchanged all of their lives, abandoning their own by living in each other's shoes. The voice you hear is by some of the participants before, after and during the experiments. It is the voice of the future. During the experiments you will discover a new sensibility. Making itself while soaking in the world. Human resist. Lose the fear of being forgotten. Omnia sunt communia. 2023

0039 366132079



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...the first exchange took place in 2011...
...0039 366 182...



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Today, in all today, Modern life is economy and use of technology for profit. The entire production of the modern world has crushed the texture of life and rarefied the creative effort of the people. In the modern world, the only thing that is left is the machine. We would like to change our lives. We started exchanging lives. Thyself Agency is a travel agency. We organize expeditions into the unknown, where we exchange lives. During that time the two candidates exchanged all of their lives, abandoning their own lives. In the process of purification, you will discover a new sense of speaking itself while something we don't believe in. We feel exploited and stressed, with no control over our time, our bodies, our lives. With all of this, what we live in does not belong to us. Maybe the solution is hidden in frustration? The disease is the cultural honesty, to see what would happen by desecrating it at the base, to learn from reality. Nothing is true, everything is through specific exercises. One of these exercises was called Life Exchange. The first exchange took place in 2011. The shoes. The voice you hear is by some of the participants before, after and during the experiments. It is the voice of the artist. Lose the fear of being forgotten. Omnia sunt communia 2023

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Unione
centro storico

AGENZIA DI
VIAGGIO

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APERTI

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campo xs



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campo XS

- PERSONAL DATA:
Name: [illegible]
Age: [illegible]
Occupation: [illegible]
Address: [illegible]
Phone: [illegible]



- OBJECTIVE DESCRIPTION:
(Describe yourself, physically, education, career, sexual orientation, current situation, etc.)

- SUBJECTIVE DESCRIPTION:
(Talk about you. What you like, what you don't like, your hobbies, your dreams, etc.)

- TYPICAL WEEK:
[illegible handwritten text]

- LIMITS TO THE EXCHANGE:
[illegible handwritten text]

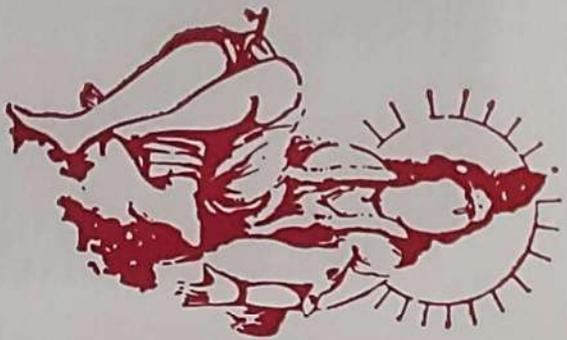
- OTHER USEFUL INFORMATIONS:
[illegible handwritten text]

Campo XS









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**Triennale
Milano**

**Sono in corso lavori
di allestimento**

**Scoprite tutte le novità
su triennale.org**

**Installation work
in progress**

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go to triennale.org**









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AGENZIA

DI

VIAGGIO









Item	Quantity	Price	Total
Item 1	10	100	1000
Item 2	20	200	4000
Item 3	30	300	9000
Item 4	40	400	16000
Item 5	50	500	25000
Item 6	60	600	36000
Item 7	70	700	49000
Item 8	80	800	64000
Item 9	90	900	81000
Item 10	100	1000	100000









...is a representation of
the story's cycle,
to live like days in a week.

From Monday to Saturday,
the Sunday as the only time
we have today, this is

The Classics are a device created to see
yourself from the outside in real time.

There are you observe the shadows of
the truth, between the cracks of the
heart, as you and I, something, some
thing, longer in a hobby sleep, some
times longer to look at ourselves.

In third person,
we learn to daily like we are by
the time we see you, we turn by seeing
we love, by seeing
live by seeing

LOSE THE FEAR OF BEING FORGOTTEN









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BASE
LH Emot

FEAR
A-1

2023_INFO POINT @ Pinksummer, Genova

2023_INFO POINT @ Wouters Gallery, Brussels

2023_INFO POINT @ Sanfermosette, Milano / with Pinksummer, Zero.eu and Mr.Lawrence

2023_INFO POINT @ Campo XS, Genova /with Pinksummer

2024_INFO POINT @ miart art fair, Milano /with Pinksummer

2024_INFO POINT @ Triennale di Milano, Milano / during LATANA, FOG Festival

2024_INFO POINT @ Cremona / during Cremona art week

2024_INFO POINT @ Supercondominio6 - Paradis, curated by Treti Galaxie, Rittana / during Radis, a project by Fondazione CRT

